

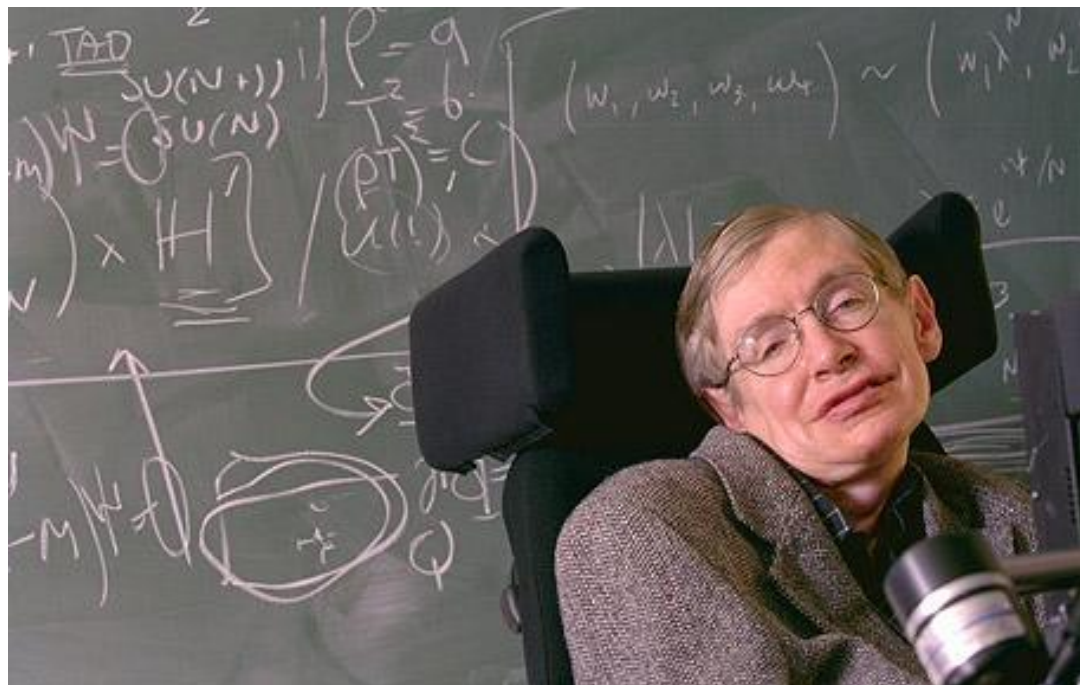
Joining forces for sustainable lifestyles

Changing habits with the help of games

Jernej Sever

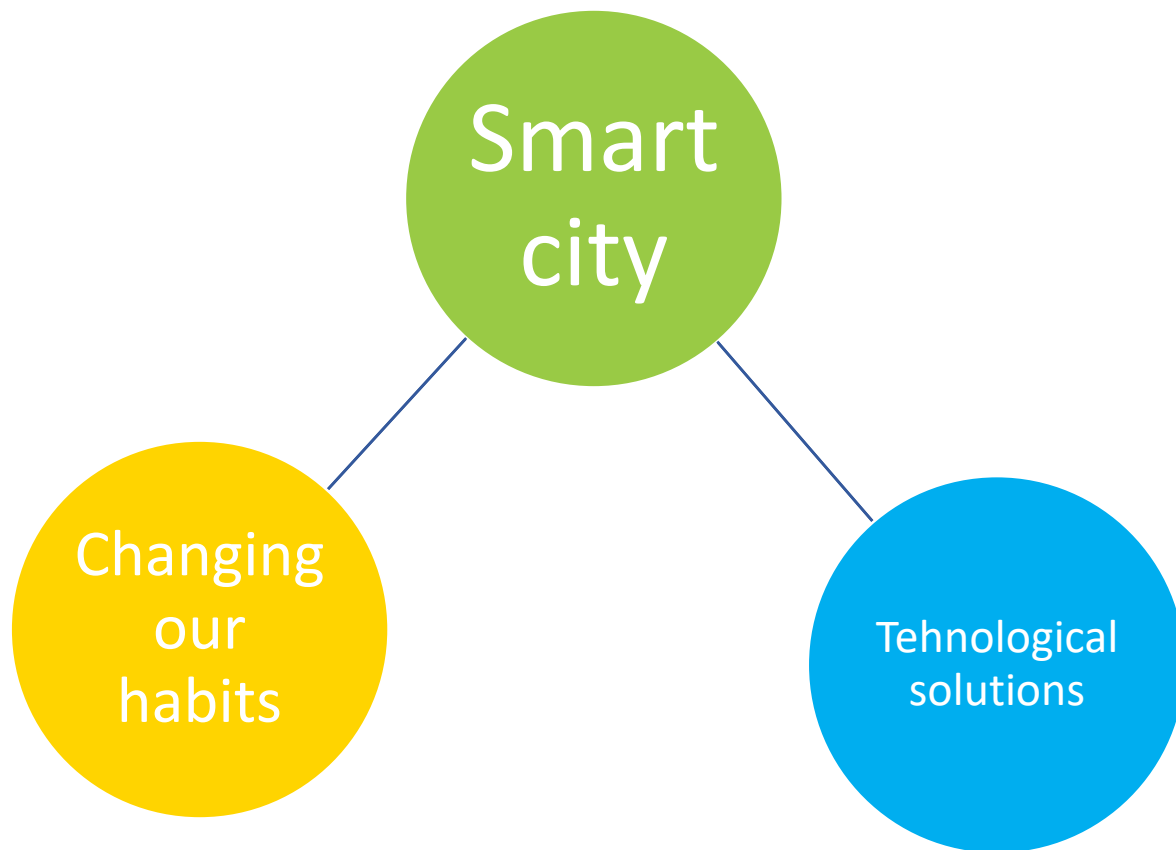


What can we change?



“The human failing I would most like to correct is aggression. It may have had survival advantage in caveman days, to get more food, territory or a partner with whom to reproduce, but now it threatens to destroy us all,”

Smart city – living in energy efficient and friendly environment



Developing our skills



Function of play in nature



During the play, young animals test a variety of physical and behavioural strategies that will later be used in important life situations. They learn to hunt and lurk on prey as well as gain social skills in a friendly environment.

Examples



Motivating 6 to 9 year olds to dress themselves quickly and leave the dressing room tidy.



Developing desired behaviours and skills in schools.



Developing social skills at home.

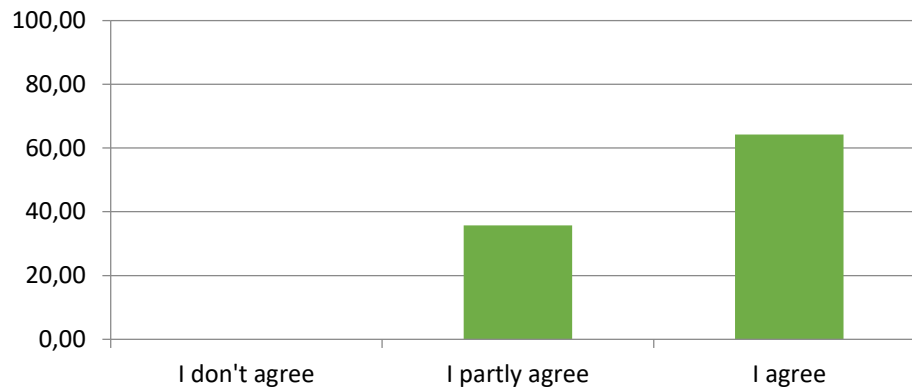


Organizing nature friendly activities in local communities.

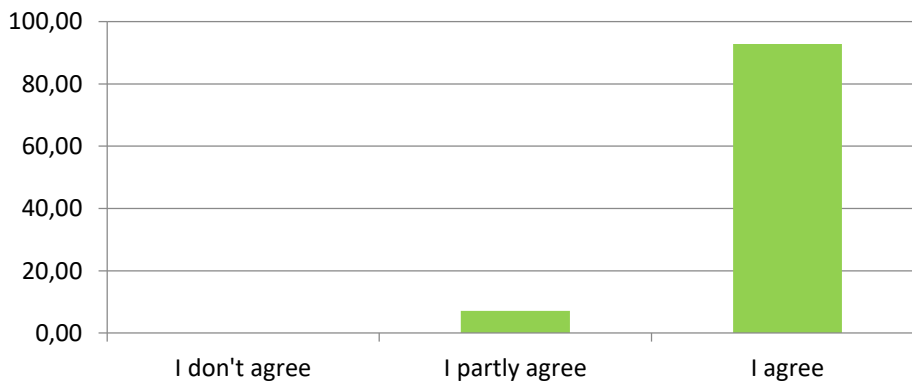


Examples

Do you agree that students were more committed to carry out the given tasks / activities as they do normally.



With the help of this method we could successfully develop social skills of children and youngsters.



Why games ?



A game can be a useful tool to solve simple and complex problems and change our habits.



It can be a very good motivational and learning tool.



People participate in games not because it is necessary, but because it is fun.



With the help of social platform we can form collaboration between children, parents, schools, clubs and local communities.



Sport as a good practice



- Sport (in its essence) is a game with **simple rules**.
- A judge or a measuring system ensures that the same rules apply to all.
- There are no religious and political divisions.
- **Participating** is a reward in itself.

Basic conditions that form a good game



Consistency.



Simple rules.



No early elimination and good possibilities to achieve the goals.



Voluntary participation.



Motivating children with



Trust in their ability to solve problems on their own.



Opportunities to participate in activities that make sense.



Getting new experiences.



Involving parents and local communities in their activities.



How to form activities and games ?

Understanding
the problem and
forming activities
and games.

Participation in
activities or
games.

Motivation,
feedback,
evaluation.

Understanding the problem



Experiences,
stories,
cartoons.



Articles,
lectures,
questionnaires,
good marketing
(running).



Good story - interesting game

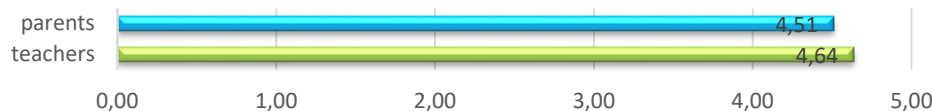


When the earth was different than today, when there were no roads and big cities, there lived dragons. Some were tiny, others full-size, some large and some enormous. These dragons were not evil, they did not spit fire, as people think today or as we might find in fairy tales. They were very strong and fast, brave and kind. They protected all animals, plants and humans on earth. They had wings, they were the best flyers in the sky and had the best hearing in the entire universe.

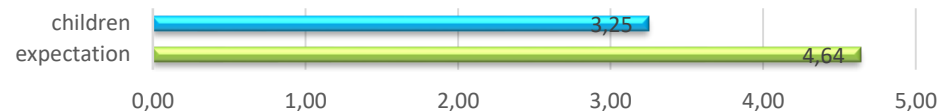
Building consensus



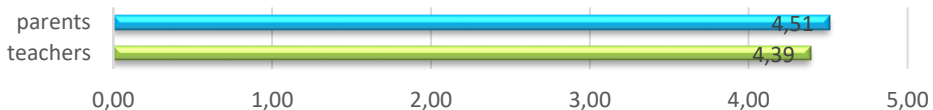
Social skills



Social skills



Respecting rules



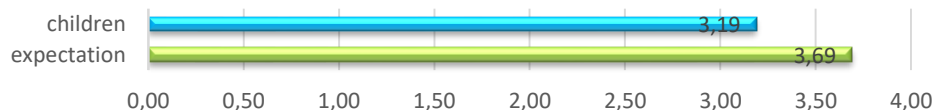
Respecting rules



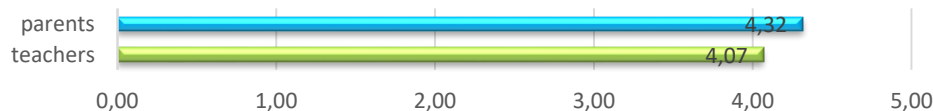
Persistency, concentration



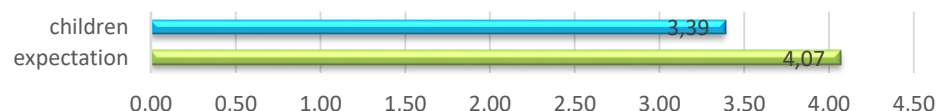
Persistency, concentration



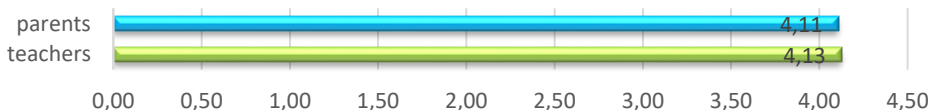
Self-control and attention



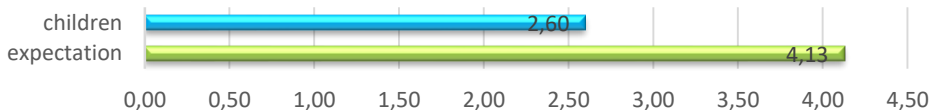
Self-control and attention



Innovation and ecology



Innovation and ecology



Participation in activities and games



Simple rules.



Consistency.



No early elimination.



Possible activities in local communities



A week without a plastic bottle.



Goods from local farmers.



Managing our electric consumption and mobility.



Evaluation - feedback

mojespretnosti.si/redovne

mojespretnosti.si/redovalnica/memberResults/resultsByAbilities

mojesPRETNOSTI

Osveži rezultate

Copy CSV Excel PDF Print

Prikaži 10 zapisov

Spretnost **Kategorija**

15_Skleca (prailnost)	Funkcionalne gibalne sposobnosti
19_sodelovanje	vedenjske sposobnosti
66_Preoblačenje	Urejenost

Prikazujem 1 do 3 od 3 zapisov

Rezultati spretnosti "sodelovanje"

Naziv testiranja	Datum testiranja	Vrednost
Sodelovanje (Idrija)	2017-04-24 11:45:44	5
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-02-15 08:59:25	2.5
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-02-22 00:00:00	4
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-03-01 00:00:00	2
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-03-09 00:00:00	2
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-03-22 00:00:00	2
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-03-29 00:00:00	5
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-04-05 00:00:00	2
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-04-12 00:00:00	5
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-04-19 00:00:00	2
Vedenjske sposobnosti začetniki(Idrija_sp_idrija)_2016	2017-04-14 00:00:00	0

Zapri

Zapri

Zapri

Išči:

Graf Tabela Priznanje

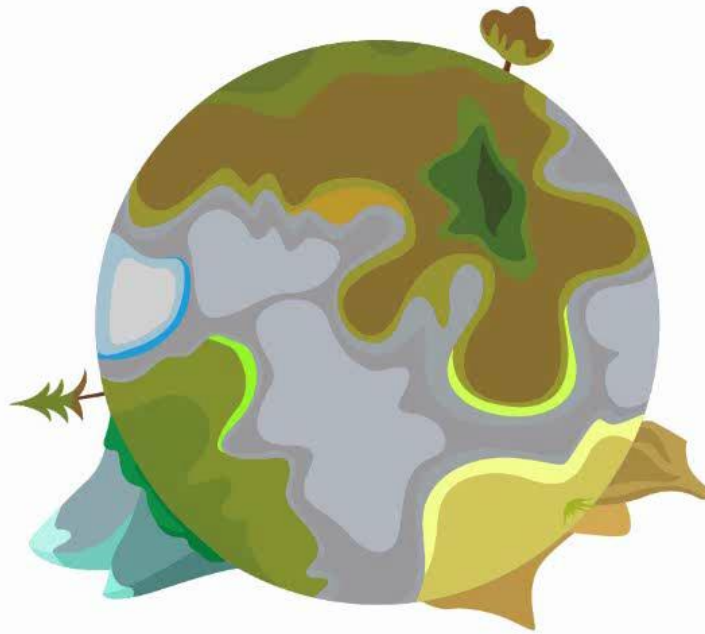
Prvi Pred. 1 Nasl. Zadnji

Skupno število osvojenih zmajev po spretnostih

Developing our avatar



MUNICIPALITY
OF IDRJA



Summary

